

November

Be present

Let the day flow with grace

Expect nothing

Surrender. Be open

Speak only kindness

Impart only love

Never forget you're not alone

Give so you may receive

See goodness in others

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Board of Directors:

David Middleton, Chair
Tom Gottcent, Vice-Chair
Janice Fudala, Treasurer
Carolyn Hewett, Secretary
Mark Munson, Past Chair
Jade Boling, Past Chair
Greg Smith
Dr. Melody Covington
Jason Evans
Cheryl Coors
Richard Schmidt
Tracey Suggs
Jim Troyer
Sean W.,
Consumer Liaison



Nevins Inc.

NOVEMBER 2019



Our 60th Celebration is approaching and we are very excited to share this epic event with you. This is an exciting time at Nevins not only from a historical perspective as the first non-profit providing day services for the intellectually and developmentally disabled population in the Carolinas, but because the buildings in which we operate is currently being reviewed by the Historic Landmark Commission to be designated as a Historic Landmark.

During our 60th Anniversary event, we will be celebrating what we refer to as "Our Nevins

Stars". We will celebrate many individuals and organizations on this evening including our participant who has been part of the Nevins Family the longest, the Board member who has served the longest, our most generous donor, the employee who has been with the Nevins Family the longest and so on. It will be an evening of celebration, enjoying food, beverage, entertainment and a silent auction. We will have guest speakers including Mayor Vi Lyles; Keith Fishburne, the CEO of NC Special Olympics; and, leadership from our

partner stakeholders – Atrium Health and Central Piedmont Community College.

To commemorate our 60 years of touching lives and improving the quality of life of individuals with intellectual and developmental disabilities we are having a video produced to illustrate who we are and what we do and all the lives we have impacted. This video will be introduced by Mayor Lyles and viewed for the first time at the Anniversary Celebration event and afterward shared with the community at meetings and events over the next year as part of our 2020 Capital Campaign.

The invitations for the 60th event have already been sent out. Please make sure you RSVP by November 4th for this wonderful event.

We look forward to seeing you there!

- Adam Lawlor, Executive Director

October Employee of the Month - Annie Quick

Congratulations to Annie Quick, our October Employee of the month!

Annie has only been with Nevins for 6 months, but she has made a big impact on the staff and consumers. She always has a smile on her face, (seriously, just look at that smile) never hesitates to take on a new task and volunteers to help out in any way she can.

"I am very grateful for this opportunity to work at Nevins. I am a person that loves people, and do what I can every day to make someone else's day better. It is a joy to work with a great group of staff, and an even greater joy to work with the individuals here at Nevins. I have to say working here at Nevins has changed my life.....for the better."

Well, Annie, we must say that having you at Nevins had made all our lives better, too. Keep smiling and doing what you do!

Congrats again Annie!



Events and Happenings!

**November 11th -
MTS will not be running**

**November 16th—
60th. Celebration**

**November 22nd—
Masquerade Party**

**November 28th and 29th—
Nevins will be closed for
Thanksgiving**

**December 3rd—
Giving Tuesday**

Join us on Facebook to see what fun we have been up to:
www.facebook.com/Nevinscenter



Management Staff:

Adam Lawlor
 Executive Director
 Natasha Young
 Program Director
 Kimberly Hailey
 Program Manager
 Pamela Glass
 Business Development
 Tanisha Rorie
 Program Supervisor/QP
 Patrice Baldwin
 Team Lead
 Stanford Davis
 Team Lead
 Linda Moore
 Team Lead
 Deon Chism
 Team Lead
 Jonathan Martin
 Program Supervisor
 Cathy Duenkel
 Admin. Assistant

Abilities and Possibilities

We had a great October and informed and celebrated our friends with our annual Breast Cancer and Down Syndrome walk, and even got a great picture!

November is here and it

is the month of thankfulness, which is a warm friendly feeling of gratitude, appreciativeness and gratefulness.

I would like for everyone to help your loved one every morning the week

of November 18 thru November 22 to tell us as they start their day what they are thankful for. We are looking forward to hearing what everyone is thankful for each day.

- Margie "Rudy" Ware



CPCC/Nevins I-LEAD

During November students will Google to create activity worksheets on Veterans Day and Thanksgiving. They will take them home on that Thursday and on Wednesday for the Thanksgiving worksheet. Be sure to ask them to share their worksheets with you.

We are enjoying taking field trips out in the community for one of Community Goals. We are learning about being safe in the community and interpreting traffic information.

Our sale of herb/pepper vinegar bottles and okra, marigold and sunflower seeds yielded \$35.00 at Nevins' Annual Fall Festival. It will be used in planting our Spring garden. Thank you Miller Carbon, our volunteer Master Gardener for a successful Nevins Organic Garden for the second year.

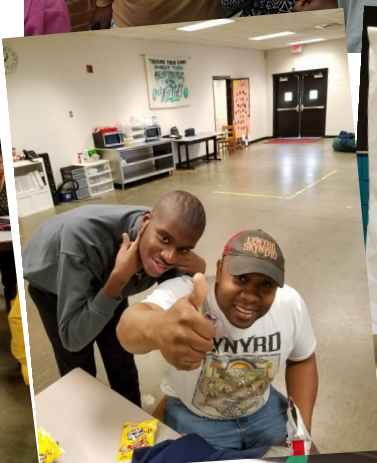


Thanksgiving Break Thursday, November 28 & Friday, November 29

NO CPCC CLASSES!

Myra Robinson, CPCC/Nevins Instructor

Fall Fun!



Creating opportunities for intellectually & developmentally disabled adults in Mecklenburg County through person – centered care and employment services.

Notes from Natasha

A couple of Throwbacks for you guys!
Find and identify the 3 people we still work with every day.

- Natasha Young-Davis, Program Director



Supported Employment

I would like to thank all my staff and individuals for doing a great job! I would also like to say congratulations to David L. for landing a job! Thanks also to his job coach, Darryl Starks....way to go!

Thanks to all the job sites that support the Nevins mission and help us to create opportunities for our individuals. Its is much appreciated as always!

- Mandarin Bell, Program Coordinator

Nevins/Atrium Mercy Team

I would like to say Thanks! to my staff and Individuals for always wanting to make a difference. Your hard work shows that everyday. I like when you all have suggestions, because that makes me realize that we all have the same focus: Patient Care and Nevins Mission Statement. So, to my individuals, let's continue to do our best and remain focused because without you all we couldn't do it.

Thanks Everyone!

- Linda Moore, Nevins/Atrium



Thomas Robinson is our October
Participant of the Month!

Clinical Services Update

It's the most wonderful time of the year, right? The holiday season is upon us, and here at Nevins we understand that while this can be a very happy time of year; it can also bring about stress, disappointment, and overindulgence. Holidays are known to some as a very triggering season, and some people have emotional/mental health crises during this time. Below are just a few simple tips to help ease some stress that come along with the upcoming season:

1. **Your expectations:** Nothing is perfect, including the holidays. So try not to stress on the small things. Have realistic expectations!
2. **Use your support system:** Use your support system, whether that be friends, family or health care providers. Reach out to your support system and attempt to address any issues surrounding the holidays. Do not feel ashamed of reaching out.
3. **Try something different:** Try creating new traditions and new memories
4. **Remember self-care and time to yourself:** Although you may be doing a lot of running around this season remember to

take time for yourself as well.

5. **Plan ahead:** Planning ahead and scheduling in advance can help relieve any stress about how you will be able to do everything. Try to work around schedules and remember to keep your own person schedule in mind.

Nevins will participate in several transition events this month to promote our clinical programs, and give parents and potential participants a glimpse at all that Nevins has to offer. These events provide pre-transition planning and services for students with disabilities to help support their Post-secondary goals. Circles Meeting: Myers Park High School, November 7

Circles Meeting: Mallard Creek High School, November 14

Circles Meeting: Phillip O. Berry High School, November 21

Remember: Here at Nevins we see the ABLE, not the LABEL

-Kimberly Hailey, Program Manager of Clinical Services

-Tanisha Rorie, Program Supervisor/QP



Transportation



I would like to give a special thanks to all of our drivers for ensuring the safety of our individuals. To parents, guardians, and AFL providers: with school being back in and more traffic on the roads, please be a little patient and allow a little extra time for the drivers to get to your home to ensure the safety for everyone. We greatly appreciate your patience and understanding and always know that you can reach out to me with any questions or concerns 24 hours a day by calling 980/505-2388.

- Jonathan Martin, Supervisor

Aktion Club

Charlotte Mecklenburg Aktion Club met in the month of October. The Aktion Clubbers participated in talent show tryouts. Treana S. and Lia M., both officers, showed up to represent our club! Thanks to both of them and their family members for their attendance.

In the month of November, for our next service project, we will be collecting canned good items for families or individuals in need. Please send in one can good with your Aktion Clubber by November 6 or November 20. A flyer will be sent home with each Aktion Clubber. Thanks in advance for your participation.

Our next meeting will be held November 6, 2019 at 9:15-11am. If you are interested, please attend .

Thanks to all our Nevins loving staff that attend the meetings with our Aktion Clubbers, they really do enjoy your presence .

Thank you,
Delores Miller, Club Advisor

Mission: Nevins, Inc. provides developmentally disabled people over the age of 16 with opportunities to achieve their fullest potential through employment and community involvement.

Nevins/Atrium Team

I would like to give a big **Thank You** to my consumers and staff for a job well done and for the impact they have on patient care. We have had a very productive and busy year transitioning through a lot of changes in the department; however, we have been very successful at making sure all daily assignments are complete. Thanks team!!!!

- Deon Chism, Nevins/Atrium Team Lead

Lowe's Heroes Make Needed Improvements

Thirteen Lowe's Home Improvement Northlake employees have spent more than 80 hours on the Nevins campus addressing the aging hand rails around the three main buildings. This was no small feat as there was technical welding skills and operating power tools to get the job done, not to mention more than 800 linear feet of rails.

We cannot thank Lowe's employees enough for all their hard work improving the safety and look of all our handrails - stripping off decades worth of chipping paint, securing posts, and applying a fresh new coat of paint. Our rails look amazing! Thank you!



November Birthdays

Paisley Hunt	3
Adam Lawlor	14
Rebecca Kirkland	15
Kimberly Hailey	20
Anthony Glover	30

Nevins Inc.

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Helping developmentally disabled
adults reach their fullest potential for
over 50 years

Nevins is a 501 (c)(3) organization supported
by public contributions and aided by volun-
teers. If you wish to learn more about how you
can help us provide person-centered care to
the developmentally disabled community
please visit our website at www.nevinsinc.org
or call 704-596-1372.

60th. Celebration Sponsors Wanted!

On **November 16th** we are celebrating 60 years of Nevins success! This evening is going to be exciting, with a lineup of wonderful speakers including our community stakeholders and partners, entertainment, food, refreshments and a few surprises. Would you like to support this event by being a sponsor? Or do you work for a company that might be interested in being a sponsor or donating to our silent auction?

Sponsorship opportunities range in levels from \$100-\$5,000. We are also accepting donations of any amount for our silent auction. All contributions are tax deductible!

Please email pglass@nevinsinc.org for more information - Thank You!

Keep in Touch with Nevins

Here at Nevins we have a large “family”, a family that consists of consumers who utilize our programs, the parents or caregivers of those consumers, our talented staff, the dedicated volunteers, our generous donors and our community. To help us keep in touch we have a Newsletter that lets you know what’s happening at Nevins and helps us celebrate the accomplishments of that wonderful “family.”

Our monthly newsletter is available by email and ready to share with everyone. That is why we are asking for your contact information so we might be able to minimize costs while keeping everyone informed on how we are “Creating Opportunities.” You may also email this information to info@nevinsinc.org or send to 3523 Nevin Rd., Charlotte, NC 28269 or just subscribe to the newsletter on the website! www.nevinsinc.org

Name: _____

Email: _____

Phone: _____






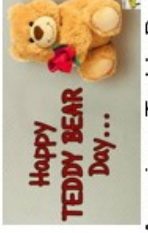






I want the Nevins Newsletter emailed to me: _____ Please contact me. I want to learn more: _____

How are you “related” to Nevins?

I participate in Nevins programs: _____ I am a family member/caregiver: _____ I am a volunteer: _____

I am a neighbor of Nevins: _____ I am a part of the Developmentally Disabled Community: _____

November 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1  National Caregiver Day	2
3	4  Pumpkin Chunkin Day	5 Good Eats <hr/> Art Class	6 Aktion Club	7  Men make Lunch Day	8 	9
10	11  VETERANS DAY HONORING ALL WHO SERVED	12 Good Eats <hr/> Art Class	13 	14  Happy TEDDY BEAR Day... American Teddy Bear Day	15  Steve Erwin Day	16 
17	18  Apple Cider Day	19 Good Eats <hr/> Art Class	20 Aktion Club	21 <i>November 21</i> Hello World Day	22  THE MASQUERADE PARTY	23
24	25  International Hat Day	26 Good Eats <hr/> Art Class	27  Stretch your Stomach Day	28  Happy Thanksgiving	29 	30