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### **Board of Directors:**

David Middleton, Chair Tom Gottcent, Vice-Chair Janice Fudala, Treasurer Carolyn Hewett, Secretary Mark Munson, Past Chair Jade Boling, Past Chair **Greg Smith Dr. Melody Covington** Joyce Korzen Jason Evans **Cheryl Coors Richard Schmidt Tracey Suggs** Jim Trover Sean W., **Consumer Liaison** 



# Nevins Inc.

MARCH 2019





Nevins Inc. would like to welcome three elected board members in 2019.

Dr. Melody Covington is an Independent Internal Medicine Physician and Bariatrician and CEO and Founder of Abundant Health & Vitality PLLC here in Charlotte, NC. She has founded the first and only weight management clinic tailored for medical and corporate professionals in the world. She is licensed in North and South Carolina and continues to

work as an independent medical consultant to corporations and international businesses. Dr. Covington is a board-certified internal medicine physician and subspecializes in obesity management and medical weight management.

Tracey Suggs is Co-Founder & Creative Director for Protect Your Skull, LLC. Protect Your Skull is an awareness brand established in 2013 by former

athlete Tracey Suggs and Foster Wilkins. Promoting concussion awareness and safety awareness in all sports through the next generation of athletes through his work with universities, camps, sports leagues, and organizations across the country is his primary focus. Tracey's daughter Treana attends Nevins program and continuing education program provided by CPCC. Tracey says, "This is a great opportunity that I have been presented with as a parent member of the board. Every opportunity that we have to be involved with enhancing Treana's quality of life, as well as the quality of life of other individuals with special needs, is a blessing for my wife Keisha and I. We are very passionate about this.

### February Employee of the Month - Jennifer Hailey!

Congratulations to Jennifer Hailey, our February Employee of the Month!

From her first day here at Nevins Jennifer has been one of the first to offer to help out.

She has worked for 5 years with the IDD community and says the big difference is that Nevins management is very open and flexible with staff, Her commitment to our participants is clear "Every day I am working I feel I have to go around and spend some time with our participants all over campus."

If you want to start an interesting conversation ask her about her year playing professional Basketball in Italy.

She really wraps up all of our feelings when she says "I love coming to Nevins and I love to see them smile!"



### **Events and Happenings!**

March 4-7th— Scholastic Book Fair

> March 5th-Mardis Gras

March 16— Nevins Chili Cook-off

April 13th— Nevins Spring Fling Reunion

> May 19th— Festa Italiana

Join us on Facebook to see what fun we have been up to: www.facebook.co m/Nevinscenter



### **Management Staff:**

**Adam Lawlor Executive Director Natasha Young Program Director Kimberly Hailey Program Manager Tanisha Rorie** Program Supervisor/QP **Patrice Baldwin Team Lead Stanford Davis Team Lead Linda Moore Team Lead Deon Chism Team Lead Jonathan Martin Program Supervisor Cathy Duenkel** Admin. Assistant

### **Abilities and Possibilities**

February was spent learning a lot of Black History, spending time out in the community, and having lots of fun the Nevins way! We went to Dairy Queen, Billy Graham Library, Nascar Hall of Fame, the movies and bowling. We had a Valentine Day party and our very own Chopped contest Nevins style! Yes, we had lots of fun!

We also gave out awards for good behavior. The winners for February were recognized with a certificate as Student of the Week: Robby P., Cheryl P., Nikki B. and Sheila Nolen. Joey F. and Treana S. were also recognized for always helping out. They are all so eager to be recognized, so please encourage them!

- Margie "Rudy" Ware





# Executive Director's Letter (continued from cover)

Treana is our inspiration and one of the main reasons we will never give in to doubt or fear. She wakes up every morning with an attitude of "what's next".

Jim Troyer is the founder of Reputation Resources, LLC a consulting firm that helps businesses minimize workplace conflict, and maximize purpose, potential, and performance of employees and the organizations in which they work. Jim holds a PhD in Industrial and Organizational Psychology. His area of research Is occupational stress, self-regulation, and mindfulness mediation in the workplace.

We are excited to welcome and gain the perspectives of these three outstanding new board members!

Adam Lawlor, Executive Director

### **CPCC/Nevins I-LEAD**

In the Community/Computer classes, students are working on two of their Community Goals as they take field trips. Students are learning to recognize safety signs and interpret traffic information.

Students will continue building on their skills using the computer to Google then create a worksheet on Daylight Savings Time. Please remember they will take them home, so be sure to ask them to share their worksheets with you. The word search or other activities may not be completed which gives family time together to complete the worksheet.

During the month of March the Wednesday Vocational Education class will learn about jobs in the Restaurant workbook in class. Students will take a field trip to Kentucky Fried Chicken to shadow Jesse at his job. Sandra will speak to the class about her volunteer job with Good Eats. They will shadow Nevins' Office Receptionist.

Spring Semester Break, Monday, March 11 –Thursday, March 14, No CPCC/Nevins Classes. Nevins will be open. Classes start back on Monday, March 18.

- Myra Robinson, CPCC/Nevins Instructor

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# So MUCH in One Short Month!



Creating opportunities for intellectually & developmentally disabled adults in Mecklenburg County through person – centered care and employment services.

### Notes from Natasha



ANN McCORKLE



Let's reflect back to Nevins Inc. 1992.

Do you know these folks?

Thank you for so many years of great work!

- Natasha Young-Davis, Program Director

# **Atrium/Nevins Team**

I would like to welcome our new individual and job coaches. Also i'd like to congratulate them on doing such a great job inside the hospital with transitioning to all the many new changes that takes place daily. They have been doing wonderful and are very flexible handling our day-to-day operations. Big thanks to Nevins Management team for purchasing new tablets for the transition into our electronics data recording system Therap. I've been working diligently to help the team become accustom to the new system, and it makes me proud to say that moving forward our data entry system should operate smoothly.

- Deon Chism, Nevins/Atrium Team Lead



Where: NoDa Brewing Company, 2921 N. Tryon St, Charlotte, NC 28206

When: Saturday, March 16th noon to 3:00pm

How: Purchase Tickets on the Nevins Website! Entry price includes: your first beer (courtesy of New Dominion Bank), Chili Samples, sides, Live Music and 1 Free raffle entry. Once again proceeds from this event will benefit the Nevins Beach Trip for participants this summer.



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# **Clinical Services Update**

No matter how long the winter, spring is sure to follow-

Spring is in the air here at Nevins, and with spring comes Developmental Disabilities
Awareness Month! The purpose of this month is to increase public awareness of the needs and potential of individuals with developmental disabilities. During the month of March we want to remember the importance of inclusion and living life side by side, meaning looking beyond someone's disability and seeing them as a person and not just a person with a disability.

Nevins will participate in several transition events this month to promote our clinical programs, and give parents and potential participants a glimpse at all that Nevins has to offer. These events provide pre-transition planning and services for students with disabilities to help support their Post-secondary goals.

Circles Meeting: Independence High School. March 7

Transition Fair: Harding University High

School, March 19

Transition Fair: East Mecklenburg High

School, March 21

Remember: Here at Nevins we see the ABLE, not the LABEL

- -Kimberly Hailey, Program Manager of Clinical Services
- Tanisha Rorie, Program Supervisor/QP







## **Supported Employment**

I would like to take this time to remember an individual in our Supported Employment Program recently lost to us. Nicholas McCauley passed away on Sunday, February 17, 2019. Nick was full of joy and always made you smile. He had a big heart of gold and even bigger dreams! It will never be the same seeing his Job Coach, Jax, without seeing Nicholas with him. Jax's Assistant... that's what Nicholas would call himself. Nicholas will be missed!

I was honored to work with Nick when I was on the support staff. Oh, what great times we had! Nick was like family here at Nevins, as are all of our individuals, so to lose one is very hard for us all. I would like to thank his family for allowing us here at Nevins to be a part of Nicholas' life.

Please keep the McCauley family in your thoughts and prayers.

-Jonathon Martin, Program Supervisor



Nick M is our february
Participant of the
Month!

# **Nevins/Atrium Mercy Team**

As we enter into the second month of the year, I just want to say THANK YOU Mercy/Nevins Team. You guys are always one step ahead. Stepping up when your peers are out taking on more floors that you are not assigned to, or just wanting to do more for patient care. This team makes me very proud to be their leader. Kudos to the whole team!

- Linda Moore, Nevins/Atrium Mercy Team Lead

### **Aktion Club**

Charlotte Meck Aktion Club had a great meeting in the month of February.

The Levine Children's Hospital Valentines service project was a great success. They were very grateful for the cards and candy.



We welcomed in our new officers and thanked our old officers for their service. The Aktion clubbers discussed the next service project which will be for the Saturn Nursing Home. We will be collecting items from their list of requested items. Details will be provided in a flyer.

The Charlotte Checkers fundraiser will be coming up in the month of April. Flyers will be going out soon. It will be a Tailgating event with food and games before the Hockey team plays. The cost for everything, game and food will be \$22.

Thanks again for your service Lia M. and Joey F. Congratulations again to the new officers of Charlotte Mecklenburg Aktion Club: President, Treana S.; Vice President, Tremain W.; Returning Secretary, Deionna H.; Treasurer, Marlon G. and Sergeant at Arms, Paul B.

Thanks to all our awesome staff for their support during our meeting. Our next meeting will be the 1st & 3rd Wednesday in March 2019

Delores Miller, Club Advisor

Mission: Nevins, Inc. provides developmentally disabled people over the age of 16 with opportunities to achieve their fullest potential through employment and community involvement.

### March is Developmental Disabilities Awareness Month

In 1987 President Ronald Reagan proclaimed March "Developmental Disabilities Awareness Month." The deinstitutionalization movement of the seventies and early eighties had laid the foundation for significant social change, and the presidential proclamation called upon Americans to provide the "encouragement and opportunities" necessary for people with developmental disabilities to reach their potential.

Nevins is proud to recognize March as Developmental Disabilities (DD) Awareness Month! This month highlights the benefits of inclusion of people with <u>#DD</u> in all areas of community life.

### **March Birthdays**

**Eyvonnie Jackson** 

8th.

**Tanisha Rorie** 

19th.

**Darryl Starks** 

22nd.



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**Nevins Inc.** 

3523 Nevin Road Charlotte, NC 28269 http://www.nevinsinc.org

Phone: 704-596-1372 Fax: 704-598-7052

Helping developmentally disabled adults reach their fullest potential for over 50 years

Nevins is a 501 (c)(3) organization supported by public contributions and aided by volunteers. If you wish to learn more about how you can help us provide person-centered care to the developmentally disabled community please visit our website at www.nevinsinc.org or call 704-596-1372.

### The Nevins Yearbook Thank You

A Big Thank YOU to our friends that bought ads in the yearbook this year! With their help we were able to make the biggest yearbook yet. Robert & Leann Fenton, Sunbelt Packaging, Myra, Chris, and Julia (our CPCC instructors,) Pure Pizza, Fairway Tire & Auto, Adam & Sonya Lawlor, Natasha Davis, Sandra and Vincent Voci, Brixx Wood Fired Pizza, The Common Market, Cardinal Finance and Rice n Beans.

### Keep in Touch with Nevins

Here at Nevins we have a large "family", a family that consists of consumers who utilize our programs, the parents or caregivers of those consumers, our talented staff, the dedicated volunteers, our generous donors and our community. To help us keep in touch we have a Newsletter that lets you know what's happening at Nevins and helps us celebrate the accomplishments of that wonderful "family."

Our monthly newsletter is available by email and ready to share with everyone. That is why we are asking for your contact information so we might be able to minimize costs while keeping everyone informed on how we are "Creating Opportunities." You may also email this information to <a href="mailto:info@nevinsinc.org">info@nevinsinc.org</a> or send to 3523 Nevin Rd., Charlotte, NC 28269 or just subscribe to the newsletter on the website! www.nevinsinc.org

Name:			
Email:			
Phone:			
I want the Nevins Newsletter emailed t		Please contact me. I	want to learn more:
How are you "related" to Nevins?  I participate in Nevins programs:	_ I am a family me	mber/caregiver:	l am a volunteer:
I am a neighbor of Nevins:	I am a part of the Dev	velopmentally Disabled	Community:

# **March 2019**

We ek	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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10			Room And All	BOOK FAIR		Retro Video game	
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	10	11	12	13	14	15	16
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					Potato Chip Day	Bowling	pany pany
	17	18	Tanisha Rorie 19	Darryl Starks 20	21	22	23
12	Happy St. Pat-	MARCH 18	Harding High Transition Fair	FREE ICE CONTROLL OF THE STORY	East Meck. HS Transition Fair	bland formed burgetons	
	Day	APPRECIATION DAY		OF SPRING REAS		Because of them Vie Can	
	24	25	26	27	28	29	30
13		FROMES	Good Eats Menu Pizza	Country	RINGLING BROS  BARNUM  BARNUM  BARNUM		
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7	70					,	
14	J.S.						