



Nevins Inc.

JULY 2018



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Fiscal year 2017-2018 was a year of growth and change here at Nevins, I want to take a moment to share with you an overview on where we are at Nevins Inc. and the organization's priorities as we move forward.

With help from our donors and Staff we exceeded the goals that we set for this past year. Nevins has upgraded our fleet of vans by adding an additional handicap van, new HVAC units for the cafeteria and Administration building, Administration and Technology upgrades, Baucom building roof replaced, acquired three new electronic key boards offering adaptive piano lessons, installation of new access control security system for the campus, improved website and brand recognition. Nevins Inc. has had

over 34% growth with delivering quality services to adults with intellectual and developmental disabilities.

We continue to receive encouraging feedback from family members, friends and longtime supporters of Nevins. In contrast to where we have been in the past, Nevins faces increased competition among organizations that provide similar services in Mecklenburg County. I firmly believe, as do our community members, that no one does it as well as Nevins, and we are committed to maintaining our position as a leading service provider. This was put best by a family member of one of our participants when they stated in a review

"it's a place that sets the standard and exceeds all my expectations." As we move forward, I have identified several priorities as Executive Director that will help us to maintain our core competencies and increase our visibility and relevance for our community members:

- Retain existing and attract new members for our Medicaid-funded programs and maintain a positive relationship with Cardinal Innovations Healthcare while continuing to improve service access through Medicaid options such as continued low-cost, self-pay programming
- Further our relationships with employer partners like Atrium Healthcare, with the goal of expanding programs that show promise and mutual benefit

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June Employee of the Month - Darryl Starks

Congratulations to Darryl Starks, our June Employee of the Month!

Darryl is one of our "double threats" working both with the Supported Employment program and providing Innovations services on the Baucom Floor. Besides being flexible and adaptable he has been very reliable getting his reports and communications in on time and accurate!



Darryl credits the Staff and individuals for making Nevins a great place to work. He specifically likes working Supported Employment because "you get to know the individuals better."

Congratulations again!

Events and Happenings!

July 3—Cook Out & Flip Flop Day

July 4—Nevins Closed

July 24—Cawtaba Queen Boat Ride

August 24—End of Camp Nevins

Join us on Facebook to see what fun we have been up to:
www.facebook.com/Nevinscenter



Management Staff:

Adam Lawlor
 Executive Director
 Natasha Young
 Program Director
 Kimberly Hailey,
 Program Manager
 Patrice Baldwin
 Team Lead
 Linda Moore
 Team Lead
 Deon Chism
 Team Lead
 Jonathan Martin
 Program Supervisor
 Cathy Duenkel
 Admin. Assistant

Abilities and Possibilities

The month of June had fun and adventure written all over it and we just got started! We started Nevins Summer Camp on June 11th and have been participating in the Camp Kickoff Fun Days, Dave & Buster and visited Riverbanks Zoo.

In July we will be going to First Ward Park, Dave & Busters, Ray's Splash Planet, the Nevins 2nd Annual Summer Boat ride, cele-

brating the 4th of July and having Dirt Pudding Day!

We would like to welcome our new Family Members:

Cashmir & Caroline

There is still room available at the camp! For more information or if you know any-

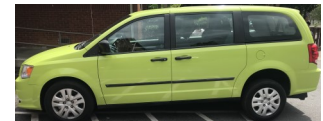
one that is just chilling at home for the summer, Please call Natasha Young at 704-596-1372 ext. 201

We are always searching for new adventures, so if you have a suggestion please share.

Thanks to everyone that makes Abilities & Possibilities a Team!

- Margie "Rudy" Ware

Transportation News



For any transportation issues regarding the Nevins vans, please call 980/505-2388. This phone is monitored 24 hours a day.

CPCC/Nevins I-LEAD

July is an exciting month for two reasons, first reason is Summer Semester ending on Tuesday, Jly 17th. Students will receive their certificates for achieving their Community Goal in caring for our Nevins Organic Community Garden.



Students completed one of three goals; interpreting instructions, direction and labeling when planting, watering and weeding the garden or using measurements to layout the size of the four raised beds and the garden or Googled to identify wather conditions for the week to care for the garden. Be sure to check out their folders with their work from the semester showing the goal they completed.

Welcome and THANK YOU Miller Carbon; our volunteer master gardener for the bountiful garden you created for Nevins of over 50 tomatoes, banana and bell peppers, broccoli, carrots, eggplant, squach, and over seven herbs. We all look forward to working with you planting another garden going into Fall Sememster.

THANK YOU Dillion Robinson for assisting us incompleting our goal of computing measurements for the layout of the raised beds and garden. Thank you also for coming out of retirement from a drafting career to do a detailed drawing of the garden.

The second reason it is an exciting month is Fall semester begins Wednesday, August 15th. After four weeks of not having class students are eager to start back.

Myra Robinson, CPCC/Nevins Instructor

June Was FUN!



Creating opportunities for intellectually & developmentally disabled adults in Mecklenburg County through person – centered care and employment services.



Notes from Natasha

Stick-with-it-ness, as I define it, means perseverance in the face of extraordinary competition, determination against long odds, optimism when everyone else has thrown in the towel, and standing up after being knocked down again and again.

During the summer months, we all have to either love the sun or have stick-with-it-ness to be willing and able to complete outdoor tasks.

Recently, we went to the zoo and the staff assisted the participants in enjoying the zoo despite the temperature that day.

During the winter months, when various staff would face weather challenges,

many staff would still come to Nevins in order to ensure that the participants had a meaningful and fulfilled day.

Many of us have personal/family issues that complicate our daily activities and at times causes us to reevaluate who we are.

Stick-with-it-ness has been the key that motivated our staff to continue to be great!

Natasha



EXCITING NEW CLASS!

Hello Friends and Families of Nevins!

We have some exciting news to share! We have acquired three new Casio electronic keyboards. And do you know what that means?? Nevins will now be offering weekly adaptive PIANO LESSONS!

Our board-certified music therapist and music teacher, Ashley Tisdale, will be accepting students to participate in these lessons. But what is the difference between a traditional and adaptive lesson? Ashley says, "The biggest difference between the two is that an adaptive lesson utilizes more materials like color cued music, larger fonts, labeled and color coded piano keys, and customizable lesson plans to fit the strengths and needs of each student".



Learning piano is a great way to work on fine motor skills (isolated finger movement), hand-eye coordination, visual tracking, and attendance to task. If you know someone who is interested in taking lessons, please contact Natasha Young at nyoung@nevinsinc.org

Clinical Services Update

Summer is officially here at Nevins!!! To many people this means now is the time to slow down a bit, enjoy the weather and take some time off. There are others, however, that aren't able to get as excited about these events. Those people may be experiencing "Summertime Seasonal Affective Disorder."



As the weather continues to heat up we want to be mindful of those in our personal lives, as well as the members serve who may not be as happy to see the summer months.

One of the most common reasons people don't welcome the summer is identified as "Summertime Seasonal Affect Disorder (SAD)". This condition can start in early spring, when the time changes and it gets lighter outside. Our brain's physiology is made to adapt to this time change, however when you are affected by SAD, the brain may not be as favorable to this transition. In response, individuals who have Summertime SAD may experience insomnia or agitation. Another cause of Summer-time SAD may be the pressure to be social which can create feelings of anxiety for those



who have trouble with groups of people and loneliness for those who are not included in as many activities.

So what can you do if you are experiencing some of these symptoms?

1. GET SOME SUN: 20 minutes of sun-light a day could yield recognizable results in mood
2. Get Moving: 30-45 minutes of exercise daily increases endorphin activity
3. Healthy Eating: Dietary changes that increase our metabolism and add essential nutrients may "jump-start" increases in physical activities
4. Get Talking: Directly interacting with people (face-to-face or via phone) decreases depression due to isolation
5. Seek Help: Meeting with a mental health profession for persistent mood disorders can be help you to get through the "summertime blues."

For any Nevins employee needing additional assistance you can reach out to the Employee Assistance Program at:
Carolinashealthcare.org/EAP
 704-355-5021
 800-384-1097

Kimberly Hailey, Program Manager of Clinical Services

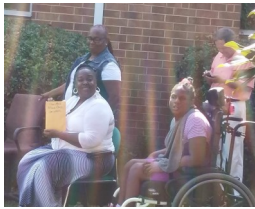


Aktion Club

Charlotte Mecklenburg Aktion Club met on June 20th and hosted the Aktion clubbers 3rd annual car wash fundraiser. It was a great success!

We collect enough funds for the goal that we were trying to achieve we really appreciate everyone who participated in this fundraiser and a

special Thanks goes out to the staff members who aide our individuals during the carwash also special thanks to the Kiwanians and Steve of the ARC and also to Mr. Adam Lawlor the executive director of Nevins inc for allowing us to have our car wash at the center we'll look forward to another successful year next year.



The next service project we will be collect items for a senior home of our clubbers choice please bring to our next meeting Thanks. Our next meeting will be held July 18th 9:15 a.m. to 11 a.m. here at Nevins, anyone interested in joining our aKtion Club is welcome to come out and participate.

Club Advisor, Delores Miller

Annual Letter (Continued from Page 1)

- Make ongoing facility upgrades, that include concrete ramp repair and handicap railing repairs
- Improve our technology that includes tablets for the individuals served and an EHR (Electronics Healthcare Record keeping) software to continue to position Nevins as a trusted resource in the community
- Foster a positive work environment to retain and attract the best available staff to support our community and provide quality services

I want to share with you how grateful I am for your continued support for the work done here at Nevins. 2019 will be the 60th year Anniversary that Nevins has been creating opportunities for individuals with intellectual and developmental disabilities, and we look forward to celebrating that with all of you.

Adam Lawlor

Supported Employment News

I would like to thank my staff and also welcome our new individual, Archie W., to the Supported Employment Program where we strive to make our mission possible.

Mission: Nevins, Inc. provides developmentally disabled people over the age of 16 with opportunities to achieve their fullest potential through employment and community involvement.

July Birthdays

Mary Killough	11th.
Ashley Broadie	13th.
Shimica Boular	16th.
Sammy Davis	17th.
Jordan Anderson	23rd.
Jonathan Martin	31st.

Nevins Inc.

**3523 Nevin Road
Charlotte, NC 28269
<http://www.nevinsinc.org>**

**Phone: 704-596-1372
Fax: 704-598-7052**

**Helping developmentally disabled
adults reach their fullest potential for
over 50 years**

**Nevins is a 501 (c)(3) organization supported
by public contributions and aided by volun-
teers. If you wish to learn more about how you
can help us provide person-centered care to
the developmentally disabled community
please visit our website at www.nevinsinc.org
or call 704-596-1372.**

Summer Camp is Here!

Do you have any friends that might like to have some fun at Nevins this Summer? The Camp Nevins program is a great way for friends to learn all about Nevins' wonderful programs and opportunities while having a fun summer. Our current participants are our best references. Share the Nevins story with your friends and we can all have a great summer! For more details just call at 704-596-1372

Keep in Touch with Nevins

Here at Nevins we have a large "family", a family that consists of consumers who utilize our programs, the parents or caregivers of those consumers, our talented staff, the dedicated volunteers, our generous donors and our community. To help us keep in touch we have a Newsletter that lets you know what's happening at Nevins and helps us celebrate the accomplishments of that wonderful "family."

Our monthly newsletter has been going for over a year and it's finally available by email and ready to share with everyone. That is why we are asking for your contact information so we might be able to minimize costs while keeping everyone informed on how we are "Creating Opportunities." You may also email this information to info@nevinsinc.org or send to 3523 Nevin Rd., Charlotte, NC 28269 or just subscribe to the newsletter on the website! www.nevinsinc.org

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Email: _____

Phone: _____



















I want the Nevins Newsletter emailed to me: _____ Please contact me. I want to learn more: _____

How are you "related" to Nevins?

I participate in Nevins programs: _____ I am a family member/caregiver: _____ I am a volunteer: _____

I am a neighbor of Nevins: _____ I am a part of the Developmentally Disabled Community: _____

July 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 I Forgot Day 	3 	4 	5 Food Hangover Day 	6 Water Day at Nevins Park	7
8	9 Coca-Cola Day 	10 	11 	12 	13 	14
15	16 World Snake Day 	17 	18 Sour Candy Day 	19 	20 	21
22	23 Gorgeous Grandma Day 	24 Beardo	25 	26 Popsicle Day	27 	28
29	30 	31 