

*Start by doing what is
necessary....
then do what is
possible....
and suddenly you are
doing the
impossible.*

Francis of Assisi

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Nevins Inc.

MAY 2018



May is Festa Italiana Time!

Spring weather is finally here!

After a cold winter, and rainy start to the spring, I know our staff and individuals look forward to getting outdoors. Some of our folks should enjoy the new garden and raised garden beds that have been recently installed. Thank you to our volunteers that came out on April 14th. to work on this special project.

Another successful Spring Fling is behind us. Thank you to all the staff and families that came

out to enjoy a day of music, awards, and burgers and hot dogs, compliments of the Nevins Board of Directors.

Congratulations to Delores Miller who was presented with the 2017 Melanie Lester Employee of the Year Award. Delores has been with Nevins for close to 20 years. Not only has she provided services to our individuals that Nevins supports, Delores also serves as Club Advisor for the Aktion Club.

Also, congratulations goes to Greg Brown who was presented the 2017 Bridget Murphy Patron of the Year Award. Greg has been serving as part-time CFO for Nevins for 6 years. Greg has been very instrumental with systems he has helped me put into place to successfully lead Nevins financially which has been part of the growth we have seen over this past year.

Congrats to everyone!

- Adam Lawlor

April Employee of the Month - Dan-Yel Talley

Congratulations to Dan-Yel Talley, our April Employee of the Month!

"I really enjoy working with each and every one of my fellow Nevins staff members. I have been with Nevins for 3 years and it's been a blast coming in each day to all the happy, smiling faces"

Nevins feels very fortunate to have Dan-Yel on the Nevins/Atrium Team. She goes above and beyond and always has a smile on her face, too.

Congrats again Dan-Yel!



Events and Happenings!

May 12—Nevins' Saturday Program

May 16—MTS Buses not operating

May 20—Festa Italiana (1pm-7pm)

**May 28— Memorial Day
Nevins closed**

June 9—Harley Day

Join us on Facebook to see what fun we have been up to:
www.facebook.com/Nevinscenter



Management Staff:

Adam Lawlor
Executive Director
Natasha Young
Program Director
Kimberly Hailey,
Program Manager
Patrice Baldwin
Team Lead
Linda Moore
Team Lead
Deon Chism
Team Lead
Jonathan Martin
Program Supervisor
Cathy Duenkel
Admin. Assistant

Abilities and Possibilities

Did it finally stop raining?
Now we can go outside and play!

The month of April brought its fair share of rain which gave us a chance to Rock Out on the inside.

In the month of May, we are celebrating No socks Day, Hostess Cupcake Day, Memorial Day and remember the best parts of having Great Moms!

Welcome Ms. Tina Lacy and Ms. Mya Callaway to the A&P Staff.

There is still room available with Abilities & Possibilities! For more information or if you know anyone that is just chilling at home and wants to add value to their day, please call Natasha Young at 704-596-1372 ext. 201

Remember, summer is just around the corner and Summer Camp at Nevins is al-

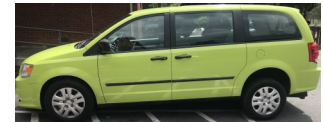
ways jumping!!!

Check us out on Facebook and see pictures of all the fun things we are doing!

We are always searching for new adventures, so if you have a suggestion please share.

- Natasha Young

Transportation News



I would like to take the time to thank all of the drivers for keeping our individual safe on the roads. You are all great drivers!

We would also like to welcome the new minivan to the Nevins family!!!

For any transportation issues regarding the Nevins vans, please call 980/505-2388. This phone is monitored 24 hours a day.

CPCC/Nevins I-LEAD

May is an exciting month for all CPCC Students as Spring Semester ends on Thursday, May 10. Students will receive their CPCC certificates for taking the Community/Language/Computer classes. Students will take their folders home with the Goal they successfully achieved.

On Wednesday, May 9, the last day of Vocational Education Class, students will invite family members and staff into the classroom to share their Profile Sheets. They will share jobs of interest from their field trips & will receive their CPCC certificates. They will take home their folders with their Goal they successfully achieved.

See you for Summer Semester on Monday May 21, 2018!

Myra Robinson, CPCC/Nevins Instructor

Who Has More Fun Than Us? No One!



Creating opportunities for intellectually & developmentally disabled adults in Mecklenburg County through person – centered care and employment services.

Notes from Natasha

We have introduced a new column from our Program Director, Natasha Young, to provide helpful tidbits for our Nevins community and your life.

in·no·va·tion

the action or process of innovating.

change, alteration, revolution, upheaval, transformation, metamorphosis, breakthrough; a new method, idea, product, etc.

In this day and age, you have to have an Innovator's mindset and be willing to

strike out on new innovations.

In our line of work, it may seem easier to "Go with the flow" but consider the opportunities that are created when you think outside the box.

Natasha



Festa Italiana Time!

This year Festa Italiana will be bigger than ever! Enjoy the 13th Annual Festa Italiana Charlotte 2018 with a day full of The Best Italian Cuisine in Charlotte.

Again, at the elegant covered Promenade at Gateway Village in Uptown, across from Johnson & Wales University. Sunday May 20th, 2018, 1-7pm.



Festa Italiana is a one-of-a-kind charitable event, featuring some of the best Italian cuisine in the Southeast. Enjoy a beautiful day in an elegant setting complete with live music, art, beer, wine, dessert and incredible food from the area's best chefs, restaurants, and caterers. It's an event for the whole famiglia, complete with kids activities, and a silent charity auction.

The Festa has grown to become a very important part of the Nevins Community by providing support for and creation of new programs that have certainly helped Nevins Create Opportunities. If you are able to join us Tickets are available at the Festa Website festaitalianacharlotte.org



Clinical Services Update

"Self-compassion is simply giving the same kindness to ourselves that we would give to others." – Christopher Germer

Nevins will participate in several transition events this month to promote our clinical programs, and give parents and potential participants a glimpse at all that Nevins has to offer. These events provide pre-transition planning and services for Charlotte Mecklenburg School System students with disabilities to help support their Post-secondary goals.

Circle Meeting: May 3
Ardrey Kell High School

Circle Meeting: May 10
Rocky River High School

Circle Meeting: May 17
Garinger High School

May marks the observation of Mental Health Awareness Month, which seeks to raise awareness of trauma and the impact mental health can have on the physical, emotional, and mental well-being of individuals and their communities. Mental Health is described as a person's condition with regard to their psychological and emotional well-being. Here at Nevins we work with many individuals who have Mental Health diagnosis, and also are mindful that every individual's mental health is important; members and staff alike. A mental illness causes disturbances in thinking, behavior, energy or emotion, and can make it difficult to cope with the ordinary

demands of life. Oftentimes stigma and misinformation can become very overwhelming for someone who is struggling with a mental health condition.

Below are just a few simple self-care tips for everyone to remember when dealing with their mental health:

- ◆ Celebrate all of your victories (little ones included).
- ◆ Forgive yourself.
- ◆ Eat healthy and balanced meals.
- ◆ Make a list of things you love about yourself.
- ◆ Do something you've always wanted to do.
- ◆ DANCE.
- ◆ Have a one-on-one with yourself.
- ◆ Change up your routine if possible.
- ◆ Create a vision board for your future.
- ◆ Start your day with gratitude.

For any Nevins employee needing additional assistance you can reach out to the Employee Assistance Program at:

Carolinashealthcare.org/EAP or call:

704-355-5021

800-384-1097

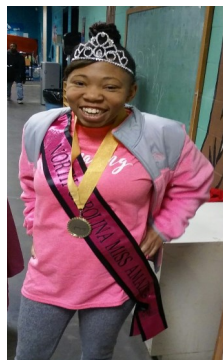
Kimberly Hailey
Program Manager of Clinical Services



Aktion Club

The Charlotte Mecklenburg Aktion Club met on April 18, 2018. The Aktion Clubbers began their Service Project for the Children's Levine Hospital. The Aktion Clubbers chose to collect socks. This project will end on May 2, 2018. Thanks to everyone who has donated to this service project.

Our next service project will be a donation of items collected for a Senior Citizens facility in Charlotte chosen by the Aktion Clubbers. Notice will be given out soon.



We would like to congratulate one of our CharMeck Aktion Club Officers: Miss Deionna H. on her entering The Miss Amazing Pageant and winning a crown. We wish her the best of luck on her next journey to the top!

If anyone is interested in attending the Aktin Club Convention in Denton, NC on Sept 21-23 2018, please come and see me for details. If you're interested in being a part of our Aktion Club you're welcome to join us every 1st. and 3rd. Wednesdays here at Nevins from 9am-11am.

A BIG thanks to all our Staff that attend and aide our individuals with their meeting.

Club Advisor, Delores Miller

Atrium/Nevins Team

We would like to welcome Shimica Boular and Marcie Stafford to the Atrium/Nevins Main Team. The team looks forward to working with y'all.

We want to give a special thank you and recognition to members of our team that mark 18 years of dedicated service to Nevins! Sylvia, Marcie, Barbara and Ruth years of service were recognized with a plaque at the Nevins Spring Fling in April. Thank you!

We would also like to thank my team for all they do to impact patient care on a daily basis. You guys are the best!

Linda Moore, Team Lead

Deon Chism, Team Lead

Supported Employment News

I would like to take the time to welcome a couple of new employees to the Supported Employment Team: Talliferro Butler, Joann Carroll-McDonald, Darryl Starks, Helen Weeks-Martin and Aaliyyah Terry. I look forward to supervising you guys and I'm sure you all will do a great job!

And to all of my employers: THANK YOU for all you do to support the Nevins mission!

Jonathan Martin, Supported Employment Supervisor

Mission: Nevins, Inc. provides developmentally disabled people over the age of 16 with opportunities to achieve their fullest potential through employment and community involvement.

May Birthdays

Kay Wall	22nd.
Jax Jackson	25th.
Rashad Oliver	27th.
Danielle Craig	30th.

Nevins Inc.

3523 Nevin Road
Charlotte, NC 28269
<http://www.nevinsinc.org>

Phone: 704-596-1372
Fax: 704-598-7052

**Helping developmentally disabled
adults reach their fullest potential for
over 50 years**

**Nevins is a 501 (c)(3) organization supported
by public contributions and aided by volun-
teers. If you wish to learn more about how you
can help us provide person-centered care to
the developmentally disabled community
please visit our website at www.nevinsinc.org
or call 704-596-1372.**

New Saturday Program!

Busy Saturday the 12th?

Join us here at the Nevins Campus for a special test of a Saturday Program May 12th from 9am to 1pm! We will offer socializing, fun and games, lunch, art class and friends in a safe, supervised environment. All for only \$25! Please RSVP to be put on the list at 704-596-1372

Keep in Touch with Nevins

Here at Nevins we have a large “family”, a family that consists of consumers who utilize our programs, the parents or caregivers of those consumers, our talented staff, the dedicated volunteers, our generous donors and our community. To help us keep in touch we have a Newsletter that lets you know what’s happening at Nevins and helps us celebrate the accomplishments of that wonderful “family.”

Our monthly newsletter has been going for over a year and it’s finally available by email and ready to share with everyone. That is why we are asking for your contact information so we might be able to minimize costs while keeping everyone informed on how we are “Creating Opportunities.” You may also email this information to info@nevinsinc.org or send to 3523 Nevin Rd., Charlotte, NC 28269 or just subscribe to the newsletter on the website! www.nevinsinc.org

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Email: _____

Phone: _____















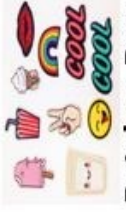







I want the Nevins Newsletter emailed to me: _____ Please contact me. I want to learn more: _____

How are you “related” to Nevins?

I participate in Nevins programs: _____ I am a family member/caregiver: _____ I am a volunteer: _____

I am a neighbor of Nevins: _____ I am a part of the Developmentally Disabled Community: _____

May 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 	2  Tuna Day	3  2 different color Shoes Day	4 Myrtle Beach Trip	5
6	7  Laughter Day	8 	9  Ride a Bike Day	10  Strawberry Picking Day	11  Hostess Cupcake Day	12 Saturday School
13 Mother's Day	14  New Chicken Dance!	15 	16  Straw Hat Day	17 	18 	19
20 	21  Patches Day	22 	23  Taffy Day	24  Fruits & Veggies Day	25  School Lunch Hero Day	26
27	28  MEMORIAL DAY REMEMBER & HONOR	29 	30  Fitness Day	31 