

The beginning of love is to let those we love be perfectly themselves and not to twist them to fit our own image. Otherwise, we love only the reflection of ourselves we find in them.

Nevins Inc.

F E B R U A R Y 2 0 1 8



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We have made it through January and Spring cannot come soon enough!!!

I wanted to include our inclement weather policy, in case families and staff have not received a copy of it. It reads:
Nevins, Inc. WILL NOT delay or close due to cold weather.
Nevins transportation, STS and MTS will operate on normal schedules, unless we notify them for closure. The safety of all individuals supported and staff members are the first concern of Nevins, Inc. when making decisions about closing our facility, our other sites or

dismissing early. Nevins, Inc. DOES NOT follow the decision making of Charlotte Mecklenburg School District.

Please call the Nevins, Inc. Main Line at 704/596-1372 and follow the prompts or call the 24-hour Crisis/Transportation number at 980/505-2388 or go to our Facebook page if you are unsure that Nevins will have normal operational hours. We are all hoping that we will not have to follow this for another year!

Great events are fast ap-

proaching! Our 2nd. Annual Chili Cook-Off is on the calendar for Saturday, March 10th, at Resident Culture Brewing. March 24th 8am - 12 we will have the Nevins Family Yard Sale. Spring Fling is April 21st. and Festa Italiana is May 20th. Please check our Facebook page, and our NEW WEBSITE for more information.

The 2017 Annual Surveys have been distributed to families and staff. Please take the time to give us your feedback and input.

- Adam Lawlor

January Employee of the Month - John Miller!

Congratulations to John Miller, our January Employee of the Month!

"I have been with Nevins now for almost 4 years. I love working at CMC! Being here has taught me to appreciate everything I have and realize that there is always someone in need of assistance. I take great pride in the work I do and all the people I work with. Thanks for recognizing me with this award".



John began with Nevins' Supported Employment Program and has now transitioned into a full-time employee of Nevins assigned to CMC Main. We are all so proud of John's hard work and accomplishments! He is truly an asset to CMC/Nevins, a positive role model to others and a wonderful example of Nevins' Mission accomplished.

Congrats again John! You rock!

Events and Happenings!

February 8—MTS Not Running

February 13—Mardi Gras

February 15—Sweetheart Dance

March 10—Chili Cook-Off

March 24—Nevins Family Yard Sale

**March 30—Good Friday
Nevins Closed**

April 21—Spring Fling

Join us on Facebook to see what fun we have been up to:
www.facebook.com/Nevinscenter



Management Staff:

Adam Lawlor
 Executive Director
 Natasha Young
 Program Director
 Kimberly Hailey,
 Program Manager
 Patrice Baldwin
 Team Lead
 Linda Moore
 Team Lead
 Deon Chism
 Team Lead
 Jonathan Martin
 Program Supervisor
 Cathy Duenkel
 Admin. Assistant

Abilities and Possibilities

January turned out to be Spectacular!

We had plenty of great discussions about our resolutions for the New Year and probably broke them before the 15th! We celebrated the Legacy of Dr. Martin Luther King, Jr., showed respect for Law Enforcement and celebrated our new yearbook.

This month, we are celebrating Black History Month by focusing on African Americans and their contributions to our society.

In addition we will learn about Groundhog Day, President's Day and of course, Valentine's Day.

We are always searching for new things to learn and adventures to be conquered,

so if you have a suggestion please share.

Thanks to all those who have assisted us in continuing to grow.

Natasha Young

Transportation News

Just a reminder that the MTS buses will not be operating on Thursday, February 8 and will resume operations on Friday, February 9. STS and Nevins' vans will be running.

For any transportation issues regarding the Nevins vans, please call 980/505-2388. This phone is monitored 24 hours a day.

CPCC/Nevins I-LEAD

(formerly College and Career Readiness)

In Language/Computer classes, students will continue to work in their New Reader Bookstore workbooks. Starting this semester, students will be working in Math workbooks also.

Students will use their computer skills by Googling to create worksheets on Black History Month and Valentine's Day. They will complete the activities on the worksheets and take them home.

In the new Wednesday Vocational Education Class, students will learn about jobs in the Store Job workbook. Russell will be our speaker this month. They will take a field trip to Home Depot to shadow Tim at his job. Check out Tim & the Vocational Education students' picture in our Nevins Yearbook on the CPCC page.

Myra Robinson, CPCC/Nevins Instructor

We Smile So Much Around Here Our Faces Hurt!



Creating opportunities for intellectually & developmentally disabled adults in Mecklenburg County through person – centered care and employment services.



Notes from Natasha

We are introducing a new column from our Program Director, Natasha Young, to provide helpful tidbits for our Nevins community and your life.

com·mit·ment

noun: the state or quality of being dedicated to a cause, activity, etc.

"the company's commitment to quality"

Part of being a good Staff and Team Member is to be committed to the mission of the company and to your own personal mission/goal. Being committed

to doing your best makes you exercise your strengths and overcome your fears. The Sign & Drive theory is essential to success because it reminds us to sign up for a cause/purpose and be committed to drive our talent all the way to the road of success.

Natasha



2018 Nevins Yearbook is Here!

We are thrilled to announce that the 2018 Nevins Yearbooks have arrived! They are a wonderful celebration of the last 12 months in our Nevins community. This year we featured each of our programs from Innovations to our Athletics Teams and took the opportunity to recognize some of the very special people that make Nevins the wonderful resource for our community.



Thank you to everyone that helped in this effort. It is a labor of love pulling together so many of our participants and staff to make this project a success! Yearbooks are available in the Admin office for \$15 if you didn't pre order we still have a few.

Clinical Services Update

"To love oneself is the beginning of a life-long romance"

— Oscar Wilde

So for most, February is a month where people become anxious with planning a romantic date night, buying just the right "symbol of love" for a significant other, or finding the hallmark card that perfectly expresses our feelings for a loved one....Well, let's not forget the "Oh shoot, I forgot today is the 14th. Let me grab the last box of chocolates and bunch of flowers off the corner on the way home" people out there!

All too often as we focus on loved ones, friends and family; we are quick to dismiss the importance of showering this love right back onto ourselves. When we neglect this critical need, we also run the risk of depleting ourselves; essentially running on empty. The more burnt out we are, the worse our interactions with our loved ones, coworkers, members, and all those we come into contact with. So during the month of February, while showing love to others, let's not forget to practice

physical, mental, and spiritual self-care and love as well.

Self-Care Tips:

Exercise

Cook a healthy meal (ok, it doesn't have to be THAT healthy)

Buy something that you want, not necessarily need

Sleep in for a few extra minutes

Stop the negative self-talk (if there is something you want, make it happen)

Be selective with those you allow into your space

De-clutter

Don't sweat the small stuff

Call a friend or family member you haven't spoken to in a while just to "catch up"

VOLUNTEER

Give to someone less fortunate than you

- Kimberly Hailey

Nevins Events!

First, a quick message from Festa Italiana Charlotte Chairperson Dr. Vincent Vocci "We Want to Thank Everyone for a Very Enjoyable Delicious and Successful FESTA ITALIANA Charlotte 2017. We have set the date for the 2018 Festa! May 20th 1pm—7pm in the beautiful Gateway Village pavilion in uptown Charlotte."

And we have it on our calendar and are looking forward to another incredible event this year, follow us on facebook and the newsletter for details!

Also Announcing the Nevins Chili Cook Off!

Come join us for a great day of Chili, Beer and Fun at Resident Culture Brewing in Plaza Midwood! Benefiting the Nevins Beach Trip this summer.

Where: Resident Culture Brewing, 2101 Central Ave, Charlotte, NC 28205

When: Saturday, March 10th, noon to 3:00pm

How: Purchase Tickets on our Website

SPACE IS LIMITED, Entry price includes: your first beer, chili samples, sides, and 1 free raffle entry.

Aktion Club

Charlotte Mecklenburg Aktion Club was unable to meet in the month of January due to inclement weather. Also, there were a great deal of members out. However, we will be back in "Aktion" the first Wednesday in February which will be February 7th. During that meeting we will be reviewing our Member Handbooks and going over the different fund raisers and activities we are planning for 2018. We will also review the positions of each officer and their duties.

As always I want to thank our staff here at Nevins for aiding our Clubbers during each meeting! It really means a lot to them!

If you're interested in joining our Aktion Club, we will meet at 9 a.m. — 11 a.m. every 1st. And 3rd. Wednesday.

Thank you so much and I look forward to seeing you at the next meeting!

Club Advisor, Delores Miller

Mission: Nevins, Inc. provides developmentally disabled people over the age of 16 with opportunities to achieve their fullest potential through employment and community involvement.

CMC/Nevins Team

I would like to thank my team for going over and beyond everyday at CMC Main to ensure all daily assignments are complete. Our motto is "team work makes the dream work"! The Nevins team truly demonstrates the definition of team work daily.

Thank You all!

Deon Chism, Team Lead

February Birthdays

Phillip Maxwell	2nd.
Patrice Baldwin	6th.
Tanisha Rorie	19th.

Supported Employment News

I would like to take this time to thank Andrew Baynes with Myers Park Country Club! Andrew hired one of our individuals a few months back. By doing so Andrew has totally changed this young man's life! Andrew was also able to help us here at Nevins to make fulfilling our Mission possible. Andrew is a very caring person and is always willing to go the extra mile.

So, a very special THANK YOU from all of us here at Nevins to Andrew and Myers Park Country Club!

Jonathan Martin, Supported Employment Supervisor

Nevins Inc.

3523 Nevin Road
Charlotte, NC 28269
<http://www.nevinsinc.org>

Phone: 704-596-1372
Fax: 704-598-7052

**Helping developmentally disabled
adults reach their fullest potential for
over 50 years**

**Nevins is a 501 (c)(3) organization supported
by public contributions and aided by volun-
teers. If you wish to learn more about how you
can help us provide person-centered care to
the developmentally disabled community
please visit our website at www.nevinsinc.org
or call 704-596-1372.**

Nevins Needs

We are looking for donations to help support the raffle at the Nevins Chili Cook off on March 10th. Items that might make great raffle items include restaurant gift cards, gift baskets from local businesses, Gift certificates featuring your business be creative! If you have something to contribute contact pgussman@nevinsinc.org or call 704-596-1372. Drop off any donations at the Admin Building here at Nevins. Thank you!

Keep in Touch with Nevins

Here at Nevins we have a large “family”, a family that consists of consumers who utilize our programs, the parents or caregivers of those consumers, our talented staff, the dedicated volunteers, our generous donors and our community. To help us keep in touch we have a Newsletter that lets you know what’s happening at Nevins and helps us celebrate the accomplishments of that wonderful “family.”

Our monthly newsletter has been going for over a year and it’s finally available by email and ready to share with everyone. That is why we are asking for your contact information so we might be able to minimize costs while keeping everyone informed on how we are “Creating Opportunities.” You may also email this information to info@nevinsinc.org or send to 3523 Nevin Rd., Charlotte, NC 28269 or just subscribe to the newsletter on the website! www.nevinsinc.org

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Email: _____

Phone: _____

I want the Nevins Newsletter emailed to me: _____ Please contact me. I want to learn more: _____

How are you “related” to Nevins?

I participate in Nevins programs: _____ I am a family member/caregiver: _____ I am a volunteer: _____

February 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1  Maya Angelou	2 	3
4	5  Angela Davis	6  Chicken Salad Pita	7  Oprah Winfrey	8  President Obama	9  Hidden Figures	10
11	12  Alex Haley	13 	14  Happy Valentine's Day	15 <i>Sweetheart Party</i> 	16  SELMA	17
18	19  Judge Thurgood Marshall	20  Breakfast for Lunch	21  Jesse Jackson	22 Who has the best Chili?	23  TUSKEGEE ARMY	24
25	26  CLAUDETTE COLBERT	27  Esther Jones	28  Bass Reeves (The Lone Ranger)			